

Classes are scheduled the first Wednesday of every month from 12:30pm-1:15pm.
Don't forget to R.S.V.P. Call, e-mail, or join our meet up group at: <http://www.meetup.com/MommyandMeYFC/>

December 12th, 2009 @ 8am-11am

"A Morning with Santa ~ yfc's annual baking contest"

***PLEASE NOTE: Different date & time!!!**

OPEN TO THE COMMUNITY! Bring your family + friends!

Come join us for an enchanting morning with Santa, Mrs. Claus, and their helpers!

You'll beat the never-ending lines at the mall and get a FREE 4x6 picture with Santa.

Santa himself will be accepting your children's "wish list" and reading us the tale of "The Night Before Christmas."

PLUS – Come find out whom our 5 surprise judges are for the baking contest (2 local celebrities, 1 expert, 1 dad, and 1 kid on the panel) and enjoy scrumptious holiday treats by our contestants (rules for entering on meet-up website). Judging starts promptly at 9am with the winner announced immediately after.

Donations valued over \$10 benefiting Children and Families of Iowa are encouraged. New Patients can receive a Complimentary New Patients (valued over \$220). Current Patients will receive a coupon for a FREE adjustment.

Our team at Yost Family Chiropractic will be volunteering our time this Saturday in order to double our wages and donate to the Children & Families of Iowa.

Happy Holidays!

January 6th, 2010

"Music Together"

*Songs & Signs will be joining us!

Happy New Year! For our January meet-up, Songs & Signs LLC will be presenting "Music Together." We will be playing instruments and making music! This specific class is targeted towards newborn-5 years old with an adult caregiver. Visit www.SongsAndSigns.com to watch a class demo!

We look forward to making music with you!

February 3rd, 2009

"Making Little Mozarts with Kindermusik"

*Jenn Horak-Hult with Pied Piper Studios will be joining us!

Kindermusik is a classroom learning experience. Children are taught music so they can become better learners. It's not about making little Mozarts, it's about developing skills in the whole child – ages newborn to 7 years.

March 3rd, 2010

"To be announced"

April 7th, 2010

"To be announced"

May 5th, 2010

"To be announced"

June 2nd, 2010

"To be announced"

July 7th, 2010

"Wiggles N' Tunes"

* Amy Saylor, from Keyboard West Studios, will be presenting.

www.keyboardwest.com

Amy Saylor is in her third year teaching at Keyboard West and specializes in pre-school and Wiggles N' Tunes classes. She holds a Bachelor of Music degree with an emphasis in business from Drake University. She studied oboe with Jay Light and piano with Chiu-Ling Lin while at Drake.

With Wiggles N' Tunes, you and your child will experience a magical musical journey with a carefully planned curriculum.

Children were born to sing and love to create sounds! Research has shown this innate musical ability should be encouraged as early as possible to develop a child's full potential.

This meet-up is for infants, toddlers, and their parent/caregiver. This class will nurture your child's natural love of music and both of you will meet new friends!

For more information on Wiggles N' Tunes program please visit www.wigglesntunes.com!

August 4th, 2010

"Hola Amigos!"

* Carrie Trujillo from Language Schoolhouse will be presenting an introductory Spanish lesson.

www.Languageschoolhouse.com

Carrie Trujillo from Language Schoolhouse will be presenting an introductory Spanish lesson.

The window of opportunity for second language learning is between 0-10 years old, the earlier the better! Come see how Spanish can become a part of your child's life through this presentation offered by the Language Schoolhouse. Join in the fun to learn Spanish the way young children should...through play! We'll sing songs, use instruments, play games, read books and more...all in Spanish. Nos vemos ahí...See you there!

For more information on the benefits of your child learning the Spanish language and for tuition information, visit www.Languageschoolhouse.com.

September 1st, 2010

"To be announced"
